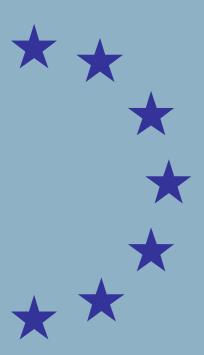


Slovakia

Health Care & Long-Term Care Systems



An excerpt from

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Slovakia

Health care systems

1.24. SLOVAKIA

General context: Expenditure, fiscal sustainability and demographic trends

General country statistics: GDP, GDP per capita; population

GDP per capita (19,556 PPS in 2013) is lower than the EU average (27,881 PPS). Slovakia recorded high real GDP growth, above the EU average, throughout the decade. As a result of the global economic crisis, real GDP growth was -5.1% in 2009 followed by positive growth thereafter. Slovakia's current population stands at 5.4 million people in 2013 and has been fairly stable throughout the decade. The projections reveal a decrease from 5.4 million people in 2013 to 4.6 million in 2060.

Total and public expenditure on health as % of GDP

Total expenditure on health as a percentage of GDP (8.2% in 2013) is below the EU average (10.1%). It has increased from 5.4% in 2003, but is lower than that registered in 2009 and 2010. Public expenditure on health as a percentage of GDP is below the EU average (in 2013 it was 5.6% compared to 7.8% in the EU). Total (1,676 PPS in 2013) and public (1,174 PPS in 2013) per capita expenditure are lower than the EU average (2,988 PPS and 2,208 PPS).

Expenditure projections and fiscal sustainability

Public expenditure on health care is projected to increase by 2.0 pps of GDP (AWG reference scenario), much above the average increase of 0.9 pps for the EU. When taking into account the impact of non-demographic drivers on future spending growth (AWG risk scenario), health care expenditure is expected to increase by 3.3 pps of GDP from now till 2060 compared to the EU average of 1.6 pps (²⁴⁵)

Over the long run, however, medium sustainability risks appear for the Slovak Republic. These risks derive primarily from the projected impact of agerelated public spending (notably healthcare and pensions), compounded by the unfavourable initial budgetary position. (²⁴⁶)

Health status

Despite showing an improvement, the health status of the Slovak population lags slightly behind the EU average. While showing a consistent increase, life expectancy (80.1 years for women and 72.9 years for men in 2013) is still below the EU average (83.3 for women and 77.8 for men). So are healthy life years (54.3 years for women and 54.5 years for men in 2013 vs. EU average of 61.5 and 61.4 respectively), which have been interestingly showing a decreasing trend after 2007, only to start picking up again over the recent years. Amenable mortality rates show a consistent decrease over the decade but are still fairly high notably compared to other countries of similar GDP per capita (e.g. 217 per 100,000 inhabitants in Slovakia for 2012). Infant mortality is also above the EU average (5.5% vs. 3.9% in 2013).

System characteristics

System financing, revenue collection, population coverage and role of private insurance and out-of-pocket payments

The Slovak health care system is a compulsory social health insurance scheme covering all residents. In practice, a small share of the population (about 4% in 2011) (²⁴⁷) does not pay the required contributions (²⁴⁸) and is not covered if they are not entitled to automatic membership (²⁴⁹). Insured persons are allowed to choose health insurance fund among three health insurance companies. The State pays the contributions of some population groups (dependent children, pensioners, persons taking care of children aged up

 $^(^{245})$ The \$2015\$ Ageing Report: <code>http://europa.eu/epc/pdf/ageing_report_2015_en.pdf</code>

^{(&}lt;sup>246</sup>) Fiscal Sustainability Report 2015: http://ec.europa.eu/economy_finance/publications/eeip/pdf/ip018_en.pdf

⁽²⁴⁷⁾ http://www.udzs-sk.sk/documents/14214/21128/Sprava_o+stave+vykonavan ia+VZP_2014_final.pdf/d1948cc6-023c-4529-be7d-15022d/29f5ea

⁽²⁴⁸⁾ For all the economically inactive people health contributions are paid by the state. The aforementioned 4% comprises off the self-payers, self-employed persons and employers who do not pay the required insurance even though they should.

⁽²⁴⁹⁾ Old-age pensioners, persons on early retirement or those receiving a disability pension whose degree of incapacity is 70% or more.

to 3 years, all students up to the age of 26, fulltime postgraduate students up to the age of 30, PhD students and other groups) to ensure their coverage.

Public health insurance is assured by three health insurance companies (HICs), one of which is state-owned and two of which, had the form of private joint stock companies. The market is dominated by the state-owned company, whose share amounts to 63% of the total insurers in 2012. (²⁵⁰)

Mandatory insurance contributions vary according to groups: 14% of the gross monthly earning for employees (employees and employers pay 7 and 7%, respectively), 7 % for disabled persons (the self-employed pay 7%, and for the employed the employer pays 5% and employee pays 2%) and self-employed. The minimum and maximum assessment bases for the groups equal the average wage divided by two and average wage multiplied by five respectively. The contributions paid by the State on behalf of some population groups (dependent children, pensioners, persons taking care of children aged up to 3 years) amounted to 4.3% of the average wage in 2016.

Moreover, a risk equalisation scheme has been introduced by the State which can redistribute companies' revenues in order to compensate between insurance companies for the existing demographic and socio-economic differences of the insured. Redistribution criteria include sex, age, costly chronic diseases (so called Pharmacy Cost Groups) and the number of policyholders whose contribution is paid by the State. (251)

In 2013, 68% of total health expenditure funding came from mandatory health contributions plus 6.7% government sources (direct and indirect taxes collected centrally). The remaining part is private expenditure on health including private health insurance and out-of-pocket payments. A large part of private expenditure is out-of-pockets (though not necessarily cost-sharing for publicly goods and services as explained below) which represent 23.3% of total expenditure on health (EU

average of 14.1% in 2013). This is nevertheless lower than in previous years.

Small lump-sum fees (co-payments) for many medical services and goods were introduced in 2003 with the aim of controlling consumption but in 2006 most of them were abolished (primary and specialist outpatient care, hospital stays) or considerably lowered (prescriptions medicines). Following the changes in 2006, various payments were introduced by individual healthcare providers. In 2015, the government passed legislation to regulate payments by banning e.g. payments for appointments at a scheduled time. However, the media have since reported that new payments have been introduced to bypass the legislation. (252) In addition to cost-sharing for medicines, fees apply to emergency services, ambulance transportation and spa treatment. A small number of services (e.g. in dental care (253) and cosmetic surgery) are not covered. The aim of introducing fees was to limit excess demand and ensure a coherent path of care. However, there were concerns for the already high private expenditure and they were abolished. Note that in addition to formal out-of-pockets there are persistent, considerable and unmeasured informal payments. These are not adjusted to individual socio-economic characteristics, so they can have a negative impact on access and discourage a more effective use of services. The design of costsharing is an area that may require further policy analysis.

Private health insurance mostly corresponds to supplementary private health insurances that cover non-essential services not provided under social health insurance.

The State defines annually health care expenditure targets for different health services but overshooting is possible. The State can influence the volume of funds available to the HIC. Furthermore it can influence spending through regulation in particular areas (e.g. price-setting for medical rescue services). However, on the whole,

^{(&}lt;sup>250</sup>) http://www.udzs-sk.sk/documents/14214/33878/TS_zmena+ZP_19.11.2015. pdf/62f67e6a-6829-40c9-9d6d-fa04589f3906

⁽²⁵¹⁾ http://www.zakonypreludi.sk/zz/2004-580)

⁽²⁵²⁾ http://www.health.gov.sk/?poplatky-v-zdravotnictve

⁽²⁵³⁾ Standard dental case is covered, the use of non-standard materials is not: https://www.vszp.sk/poistenci/zdravotnastarostlivost/kedy-platit-za-zdravotnu-starostlivost.html or http://www.dovera.sk/najcastejsie-otazky/a295/co-mipreplatite-u-zubara)

it is up to the HIC to decide on healthcare spending.

Administrative organisation: levels of government, levels and types of social security settings involved, Ministries involved, other institutions

The Ministry of Health develops the national health policy strategy, defines public health and policy priorities and provides the overall management of the health care system as a whole. The Ministry of Health and the Office for the Supervision of Health Care regulate and supervise the activity of the health insurance companies.

The contracts between HIC and inpatient and outpatient providers regulate only the mandatory list of services covered by public health insurance, whereas prices and detailed conditions are negotiable without regulation. The network of strategic public healthcare providers and general practitioners are privileged (254) as HIC are obliged to sign contracts with all the hospitals and their departments. Other providers or certain types of their services may be omitted from contracting. Reimbursement of pharmaceuticals is regulated via a specified list of medicines with fixed prices and reimbursement levels.

There are constrains on the health insurance companies' use of profits made from public insurance and payments for health care provision. In 2007, the government banned the use of profits to pay dividends. In 2011 the Constitutional court found this was not in line with the Constitution. As of 2011, HICs may again use profits to pay dividends. However, conditions apply, that is before paying out dividends, HIC must create 1.reserves for the provision of planned healthcare (i.e. healthcare to be provided to patients on waiting lists) and 2. a separate reserve fund at least to the value of 20 % of common capital stock.

In terms of centralisation, the state-owned HIC procures a group of expensive pharmaceuticals centrally for all the hospitals.

Coverage of services, types of providers, referral systems and patient choice

A wide range of health care services and goods is provided through a network of private and publicly facilities contracted by owned insurance companies: primary health care, outpatient specialist consultations and hospital care (day-case and inpatient), emergency and transporting medical services, and a range of related services including imaging diagnostic laboratories, (255) physiotherapy, dialysis care, home nursing agencies and hospices. Health insurance companies have to contract all general practitioners and pharmacies and a specified minimum number of specialists and hospitals.

The provision of health care is decentralised and based on a public-private mix. Public and private health care providers sign contracts with the health insurance companies in order to be eligible for reimbursement. General practitioners (GPs) and outpatient specialists can be independent private providers or public providers. Most private primary care providers have contracts with health insurance companies. Only some private primary care providers such as dentists are working on the basis of direct payments from patients and without a contract with health insurance companies. There is some current policy discussion on encouraging group practices rather than individual practices.

Patients have to register with a GP whom they can choose freely. A so-called "exchange card", introduced in 2008, works as a referral tool from a GP to a specialist or hospital. The aim is to have GPs referring patients for specialist care, operating as gate-keepers. Since 1 April 2013, the GP

⁽²⁵⁴⁾ These healthcare providers were selected by the government as "strategic providers". The majority is public, however a growing proportion is privately owned. HICs are obligated to conclude contracts with these HCPs, no matter what the quality of their service provision is. This makes strategic providers privileged compared to nonstrategic HCPs. Only hospitals have been designated strategic, not GPs.

⁽²⁵⁵⁾ A comparison of spending data among EU and OECD countries (based on available OECD data) shows that per capita spending on laboratories and diagnostic imaging in Slovakia is slightly higher than the average level of the OECD and the EU, 98, 90 and 86 USD respectively in 2013 (in PPPs, current prices). The average spending of Hungary, Poland and the Czech Republic is significantly lower at 41 USD. A similar difference in spending is seen with regard to transportation and medical rescue services. While Slovakia spent 86 USD per capita (in PPPs, current prices), the OECD average was at 53 USD and the EU average as well as the average of Poland, Hungary and the Czech Republic was at 46 USD.

referral system is in operation again, after it was abolished in 2010. However, the system does not work for all specialties (e.g. accident and emergency, chronic care, outpatient psychiatric care, dentists and gynaecologists) and it does not appear to be very effective due to shortages of GPs especially in certain areas. (256) This is something the authorities see as a policy priority.

Secondary and tertiary care are provided in a number of general and specialised hospitals, polyclinics, hospices and nursing homes. The ownership and management of most public institutions has been decentralised from central to regional level. The 2007 reform introduced healthcare districts, whereby all GPs, gynaecologists and dentists are obliged to provide care to each patient resident in their respective territorial districts, who in turn has the right to choose freely his/her physician. Moreover, a minimum network of public health care providers was established (including 37 hospitals, a part of which is now privately owned) (257), which have to be contracted by the health care companies. While choosing the providers beyond the list of minimum public network each fund could establish its own evaluation criteria. The government adopted an official list of indicators to assess the quality of providers.

In case of out-patient medical treatment, there is direct access to the primary care physician contracted by the health insurance company (information about the contracted physicians shall be provided by each of the health insurance companies). If the specialist outpatient care is needed, the referral of primary care physician is requested. Patients do not pay for the specialist $(^{258})$ outpatient care provided. hospitalisation is needed, the referral of GPs is requested except in case of immediate hospitalisation. In this case the patient does not have to pay a fee for the health care provided.

There is direct access to the contracted dentist (information on the contracted dentists shall be provided by each health insurance company). There is a "standard" dental treatment which is reimbursed by the public health insurance. The price difference for additional treatment or abovestandard is paid by the patient. The price of nonstandard treatment is determined by each dental practice and varies between clinics. The dentist is obliged to inform the patient in advance about the expenses for services with private co-payment and about the expenses of direct payment and in what amount.

In the case of emergency care (Medical First Aid or Hospital Emergency Service) in the hospital there is a fee of EUR 1.99. If is found necessary to keep the patient in the in-patient care in the hospital after examination, the charge EUR 1.99 does not apply.

Some primary and specialist outpatient care also take place in specialists' private individual or group practices and some hospital care takes in private clinics and hospitals at the cost of patient.

The number of practicing physicians per 100,000 inhabitants (300 in 2007, latest available data) is below the EU average (344 in 2013). The number of GPs per 100,000 inhabitants (42 in 2007, latest available data) is also below EU average (78.3 in 2013). The numbers suggest that the skill mix may need to improve to ensure a good distribution of GPs, currently deemed unequal by the authorities, and the effectiveness of the referral system and the GPs' gatekeeping role which the authorities want to reinforce. Indeed, this is one of the policy priorities of the Slovak authorities with the introduction of the residential programme for GPs. Acute hospital beds stand at 424 per 100 000 inhabitants and higher than the EU average of 356 per 100 000 inhabitants in 2013, though showing a reduction over the decade.

A next consideration to be made is the existence of staff supply regulations. As it turns out, there are no quotas for medical students as the pool of graduated medical students through the entire hierarchy is sufficient. The location of physicians is partially managed by HICs since each HIC manages its own minimal network of physicians depending on the geographical density of their

⁽²⁵⁶⁾ In 2014, the government introduced a residential program to facilitate the training of GPs and paediatricians for rural areas (http://www.health.gov.sk/?rezidenti) The aim is to train 100-150 doctors a year. (http://www.health.gov.sk/?faq-rezidenti)

^{(&}lt;sup>257</sup>) https://www.vszp.sk/poistenci/zdravotnastarostlivost/pevna-siet-poskytovatelov-k-1-1-2016.html

⁽²⁵⁸⁾ In practice, fees may apply (as mentioned above). Fees are mostly related to accompanying services and administrative steps.

clients. Specialists in locations with fewer patients have more convenient contracts.

Purchasing and contracting of healthcare services and remuneration mechanisms

Primary care physicians are paid mainly on a capitation basis. Specialists are paid on a fee-forservice basis. The current system of financing health care is based on a combination of a point and fixed price system. For outpatient care, each medical service has a point value listed by the Slovak Ministry of Health. As the list of medical services with assigned point values is not being updated regularly and new services/ procedures are being introduced, HIC now set fixed prices for these, rather than setting a point value. For inpatient care, hospitals get typically fixed-rate payments for long-terms stays of chronic patients. For most hospital stays hospitals get payments per discharge. These depend on the department and are negotiated by HICs and HCPs. (259)

Health insurance companies are responsible for contracting hospitals. They sign contracts with health care providers for different quantity of health care services on the basis of selected regional needs. They have the possibility to differentiate the quantity of health care services purchased according to the quality of providers.

The number of physicians' consultations per capita is high above the EU average (11 vs. 6.2 in 2013). When looking at hospital activity, inpatient discharges are higher than the EU average (respectively 1,767 vs. 1,649) in 2011. Hospital average length of stay for curative care is at the EU average (6.2 days vs. 6.3 days in 2013). Assessing and adjusting hospital remuneration is something the authorities have indicated as a policy priority. (260)

The market for pharmaceutical products, the use of Health Technology Assessment and cost-benefit analysis

Medicines are divided into three categories by law according to their clinical performance and economic evaluation: medicines fully paid by the health insurance; medicines partially paid by the health insurance company and with co-payment by patients; and medicines fully paid by patients. The physician who prescribes the medicines is obliged to inform patients on reimbursement category, in which a medicine is placed. The pharmacy is obliged to issue the receipt of the amount of overall payment and the private co-payment.

A number of measures have been adopted to control pharmaceutical expenditure. In addition to price reductions, and external reference pricing and a regressive mark-up were introduced in recent years. The initial model was based on the referencing of prices against the average of six lowest prices in the EU. In 2011, referencing was tightened, so that drug prices could not exceed the level of the second lowest price in the EU. As of 2013, prices are referenced at the level of the average of three lowest prices for a given drug in the EU. Slovakia has established a greater use of generics as a policy priority. In 2012, a Pharmaceutical Cost Group (PCG) model was introduced, that is supposed to bring a more equitable redistribution of finances from public health insurance. (²⁶¹)

eHealth, Electronic Health Record

Implementation of eHealth and its inevitable functions has been postponed until after January 2017.

 $^(^{259})$

http://hpi.sk/cdata/Publications/hpi_zakladne_ramce _2014.pdf

⁽²⁶⁰⁾ By 2016: data collection in a new DRG system has started without impacting yet actual financial flows. Date of first payments through the DRG system is yet to be determined.

⁽²⁶¹⁾ A comparison of data on spending on pharmaceuticals among OECD and EU countries shows that per capita spending in Slovakia is still significantly higher than spending in the average of EU as well as of the OECD (based on available OECD data). While in 2013 Slovakia spent 533 USD (in PPPs, current prices), the OECD and EU averages were at 395 and 332 USD respectively. Slovakia also spends more on medical goods. In 2013, per capita spending on medical goods in Slovakia was 719 USD (in PPPs, current prices), the OECD and EU averages were at 636 and 585 USD respectively.

Health promotion and disease prevention policies

The need to improve health status further through promotion and prevention activities is a policy priority. Slovakia spends less on prevention and public health services than the EU average (1.5% of public current health expenditure relative to 2.5% in the EU).

Transparency and corruption

The contracts between HICs and healthcare providers are published online mandatorily. All contracts of state-owned healthcare providers are also mandatorily published online (including public procurement contracts). Online publishing is also used as a tool to put into transparency any interactions among physicians and pharmaceutical companies. The companies have to publish a list of doctors who took part on the medical congresses and conferences organised by them. Starting in July 2016, companies will be publishing all transfers of value to HCP (e.g. doctors and nurses), including the name of the HCP, the value and purpose of the transfer of value (both financial and non-financial). (262)

Recently legislated and/or planned policy reforms

Health insurance

The system of risk compensation in public health insurance was extended by adding the morbidity parameter through classification of policy holders in pharmaceutical cost groups (PCG). Since the second half of 2012, the revenues of insurance companies have thus been following real costs of treatment of their policy holders.

Reform of primary care

The average number of patient visits per year in Slovakia is almost twice as much compared with the EU average. One reason for this is a poor integration of health care providers which is demonstrated by a high degree of fragmentation of primary health care providers; where in 2,933

territorial units (263) (municipalities) exist with a total of 2,863 primary care physicians. (264) The other problem is the high rate of referrals; a high number of patient visits indicates inadequate patient management by primary physicians, where more than 80% of patients with chronic disease are transferred from the first contact with a GP physician directly to a hospital specialist. The MoH has taken actions to proportionally change the redistribution of patients visits from nowadays 80% managed by specialists and only 20% fully managed by GPs to around 60% and 40% in the next few years. Efforts to make the profession of a general practitioner more attractive are continuing, in order to attract young doctors. The Ministry of Health has legislatively defined a new form of preparation of general practitioners already during their university studies, and as from July 2014, GP's have the possibility to perform pre-operation examinations of patients with common diseases. In 2015 legislation was passed allowing GPs broader rights in treating chronic patients, previously treated by specialists (e.g. patients with diabetes).

Improving the financial management and economy of providers

The Slovak Government undertakes to ensure that, on average, health care facilities established by the Ministry of Health of the Slovak Republic will operate on a balanced budget without needing additional financial assistance from the state budget and that their indebtedness will be considerably reduced. The indebtedness of state hospitals has not slowed down since 2012. (265) Thus, further a balanced financial performance of hospitals has not yet been achieved. The financial management of hospitals needs to be set in a manner that rewards performance and efficiency. However, prior to introducing performance-based remuneration of executive managers, it is necessary to ensure systematic collection, monitoring and evaluation of the relevant

^{(&}lt;sup>262</sup>) http://www.health.gov.sk/Clanok?mz-zavadzatransparentnejsie-pravidla-pri-zverejnovani-vydavkovfarmaceutickych-firiem-na-propagaciu-a-marketing

⁽²⁶³⁾ http://www.vlada.gov.sk/slovensko/

http://www.nczisk.sk/Documents/publikacie/analyticke/zdravotnictvo_slovenskej_republiky_v_cislach_2014.pdf

⁽²⁶⁵⁾ According to data provided to the Ministry of Finance by the MoH, in 2012 the indebtedness of hospitals affiliated with the MoH grew by EUR 93 million, in 2013 by EUR 95 million. In 2014 the rate slowed down to EUR 71 mln, but in 2015 it again rose to EUR 108 milion. At the end of 2015 total indebtedness reached EUR 533 million.

indicators. Correctly set financial management of hospitals may considerably help prevent the accumulation of their debts and thus increase the efficiency of spending. The savings in the procurement of energy, materials, services and other inputs used by hospitals can be achieved by centralising purchases at the level of hospitals' managements. With the introduction of central procurement, it will be possible for the hospitals to spend their funds more effectively without compromising the treatment of patients. Hospital managements will also focus on operational savings by curtailing duplication of processes and personnel.

Better integration of healthcare provision

One of the planned steps conducive to stabilise expenditure is the introduction of an integrated model of health care provision. The position of general practitioners will be further reinforced in order to reduce more expensive treatment in hospitals and by specialist physicians. The residency programme will bring a new generation of general practitioners and help improve the treatment management process. Medical students will be required to undergo a period of training in outpatient facilities already during their university studies. Following the completion of their study programmes, graduates will be required to work for a certain number of years in outpatient facilities in Slovakia. One of the key components of the integrated model of health care provision will include the application of eHealth in practice.

An insufficient coordination of the current types of establishments in the treatment process often causes that e.g. a more specialised or knowledgeable and costly healthcare provider (HC) than necessary is dealing with a simple medicinal case. A clear definition of the types of hospitals and the extent of care provided by them and a better coordination of involvement of outpatient and inpatient facilities in individual stages of treatment could help increase the efficiency in the use of capacities. Hospitals types should be defined according to the extent of healthcare provision. The portfolio of healthcare provision should reflect the variability of cases and the levels of difficulty so that adequate capacity is achieved for the needs of the catchment area. At the same time, the coordination between outpatient and inpatient establishments should improve. The aim will be to set the system so that providers at such level are used in individual cases that staff and physical resources would not be wasted. Particular setting and detailed definitions will be gradually profiled in the Strategic Healthcare Framework for 2014 – 2030 which is an ex ante conditionality for using EU financial resources. As of 2016, no significant progress has been achieved yet.

Introduction of diagnosis-related group (DRG) payments

With the introduction of diagnosis-related group payments, it will be possible to identify internal reserves of resources in the public health insurance system, increase transparency in the relations between insurance companies and hospitals and manage them in a meaningful and effective manner. For every hospital case, the DRG system will assign a portion of funds set in advance based on diagnosis, procedure, age, gender, presence of other diseases or complications and other measurable criteria. If an identical procedure is performed during the treatment of an identical diagnosis, every hospital will receive the same amount from an insurance company. DRG payments will provide a transparent healthcare funding system for in-patient healthcare facilities. thus bringing more fairness to the funding of healthcare providers. The creation of a uniform platform for the funding of the provided hospital services in the form of the DRG system will contribute to the possibility to compare healthcare provided in the individual healthcare facilities, and a broader scope of information will be collected for decision-making and control.

In 2016, hospitals are still to be reimbursed according to current rules (pre-DRG). At the same time, they are to receive information on how they would be reimbursed within the DRG system. However, this information will not yet be based on a uniform base rate per diagnosis. Rather, hospitals will be assigned into 5 base rate categories, calculated based on their current income level (and thus reflecting the current differences in reimbursement). The information is also not based on actual costs per diagnosis of Slovak hospitals. It is based on information costs collected within the German system (Slovakia is adopting the German DRG system) with some adjustments made based on data collected in Slovakia. The date of first

reimbursements based on the DRG system is not yet known.

Construction of a modern hospital in Bratislava

Along with the adoption of measures aimed at stopping the growing indebtedness of hospitals, investments will be made in acute hospitals which will replace some of the most obsolete and least efficient facilities. The intention to build a new hospital in Bratislava is included in the 2016 government manifesto. It is now expected that it will be financed from public funds.

Challenges

The analysis above shows, that a range of reforms have been started/implemented in recent years. However, when it comes to the efficiency of health care provision, Slovakia's performance is relatively low. (266) The main challenges for the Slovak health care system are as follows:

- To continue increasing the efficiency of health care spending in order to adequately respond to perceived current inefficiencies, such as high spending on ancillary services (diagnostic imaging, laboratories, transportation and medical rescue services), pharmaceuticals and medical goods, as well as the increasing health care expenditure over the coming decades. This is a risk to the long-term sustainability of public finances.
- To introduce an integrated care model, e.g. by establishing health centres and devising and implementing the master plan for an effective geographic distribution of health care resources, by safeguarding accessibility and delivering efficiency gains.
- To further promote the supply of general practitioners by removing the restrictions on the volume and range of primary health services, introducing the performance element to payment schemes, and improving the attractiveness of being a general practitioner.
- To ensure balanced hospital budgets by improving the efficient utilisation of resources, hardening budgetary constraints, improving

guidance and supervision in procurement processes and enhancing payment systems, by introducing a diagnosis-related groups payment system as planned currently. To continue recent efforts to optimise the utilisation of acute care beds (low bed occupancy rates imply an excess of hospital beds which may lead to inefficiency in the operating costs of hospitals), by introducing effective referral system and control of admissions.

- To implement measures for a comprehensive streamlining of public hospital care, including transforming acute care beds into long-term care beds.
- To promote the rational use of medicines by combining different policies, such as electronic prescription, monitoring and guidelines linked with electronic systems and providing feedback to physicians appears an effective way of improving prescription behaviour. This may reduce the risk of over-prescription and wrong co-medication. To introduce a national procurement system for pharmaceuticals in order to enhance the bargaining power of hospitals against pharmaceuticals companies.
- To fully implement and extend the pilot project on 'eHealth' information tools, including electronic health records, e-prescriptions and ereferrals and aiming to improve coordination between inpatient and outpatient care and to limit overuse of services and pharmaceuticals.
- To continue to improve data collection and monitoring of inputs, processes, outputs and outcomes so that regular performance assessment can be conducted and used to continuously improve access, quality and sustainability of care.

⁽²⁶⁶⁾ http://www.finance.gov.sk/Default.aspx?CatID=8789

Table 1.24.1: Statistical Annex - Slovakia

General context												EU	l- latest national o	lata
GDP	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
GDP, in billion Euro, current prices	30	35	39	45	56	66	64	67	70	72	74	9289	9800	9934
GDP per capita PPS (thousands)	13.5	13.7	14.7	15.8	17.7	18.4	17.4	18.6	18.7	19.2	19.6	26.8	28.0	27.9
Real GDP growth (% year-on-year) per capita	4.8	5.0	6.6	8.3	10.4	5.6	-5.1	4.2	3.6	1.6	0.8	-4.8	1.4	-0.1
Real total health expenditure growth (% year-on-year) per capita				13.1	16.6	9.1	8.3	2.4	-8.3	4.0	1.5	3.2	-0.2	-0.4
Treat total freakly experiation growth (70 year on year) per capita	· · · · · ·	· ·		10.1	10.0	0.1	0.0	2.7	0.0	4.0	1.0	0.2	0.2	0.4
Expenditure on health*												2009	2011	2013
Total as % of GDP	:	:	7.0	7.4	7.8	8.0	9.2	9.0	8.0	8.2	8.2	10.4	10.1	10.1
Total current as % of GDP	5.4	6.5	6.8	7.0	7.4	7.6	8.6	8.5	7.6	7.7	7.6	9.8	9.6	9.7
Total capital investment as % of GDP	:	:	0.3	0.3	0.4	0.4	0.5	0.5	0.4	0.5	0.6	0.6	0.5	0.5
Total per capita PPS	:	:	985	1148	1358	1525	1623	1681	1555	1634	1676	2828	2911	2995
Public as % of GDP	:	:	5.2	5.0	5.2	5.4	6.0	5.8	5.6	:	5.8	8.1	7.8	7.8
Public current as % of GDP	4.8	5.0	5.1	4.9	5.1	5.4	6.0	5.8	5.6	5.5	5.6	7.9	7.7	7.7
Public per capita PPS	:	:	697	752	875	1000	1040	1052	1102	:	1174	2079	2218	2208
Public capital investment as % of GDP	:	:	0.2	0.1	0.1	0.1	0.0	0.0	0.0	:	0.1	0.2	0.2	0.1
Public as % total expenditure on health	:	:	74.4	68.3	66.8	67.8	65.7	64.5	70.9	:	70.0	77.6	77.2	77.4
Public expenditure on health in % of total government expenditure	16.2	12.5	12.6	15.9	18.7	20.1	18.8	16.0	15.6	16.4	:	14.8	14.9	:
Proportion of the population covered by public or primary private health insurance	96.9	95.6	97.6	96.3	95.5	95.4	95.4	95.4	95.2	95.0	94.6	99.7	99.7	98.7
Out-of-pocket expenditure on health as % of total expenditure on health	:	<u>:</u>	23.6	26.6	27.4	26.1	26.9	27.2	23.6	22.4	22.1	14.1	14.4	14.1
Note: *Including also expenditure on medical long-term care component, as reported in	standard in	ternation da	tabases, su	ch as in the	System of F	lealth Acco	unts. Total e	xpenditure i	ncludes cur	rent expend	iture plus ca	apital investment.	•	-
Population and health status												2009	2011	2013
Population, current (millions)	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	502.1	504.5	506.6
Life expectancy at birth for females	77.7	78.0	78.1	78.4	78.4	79.0	79.1	79.3	79.8	79.9	80.1	82.6	83.1	83.3
Life expectancy at birth for males	69.8	70.3	70.2	70.4	70.6	70.9	71.4	71.8	72.3	72.5	72.9	76.6	77.3	77.8
Healthy life years at birth females	:	:	56.6	54.6	56.1	52.5	52.6	52.0	52.3	53.1	54.3	:	62.1	61.5
Healthy life years at birth males	:	:	55.2	54.5	55.6	52.1	52.4	52.4	52.1	53.4	54.5	:	61.7	61.4
Amenable mortality rates per 100 000 inhabitants*	104	101	92	86	102	116	110	105	223	217	:	64.4	128.4	:
Infant mortality rate per 1 000 life births	7.9	6.8	7.2	6.6	6.1	5.9	5.7	5.7	4.9	5.8	5.5	4.2	3.9	3.9
Notes: Amenable mortality rates break in series in 2011.														
System characteristics												EU	l- latest national o	lata
Composition of total current expenditure as % of GDP	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
Inpatient curative and rehabilitative care	:	:	1.89	1.50	1.66	1.66	1.81	1.81	1.67	:	1.80	3.13	2.99	3.01
Day cases curative and rehabilitative care	:	:	0.00	:	0.00	0.00	0.00	0.00	0.00	:	:	0.18	0.18	0.19
Out-patient curative and rehabilitative care	:	:	1.20	1.62	1.72	1.85	2.15	2.00	1.82	:	1.89	2.29	2.25	2.24
Pharmaceuticals and other medical non-durables	:	:	2.24	2.19	2.17	2.22	2.43	2.38	2.18	:	:	1.60	1.55	1.44
Therapeutic appliances and other medical durables	:	:	0.54	0.56	0.61	0.60	0.75	0.75	0.70	:	:	0.31	0.31	0.32
Prevention and public health services	:	:	0.16	0.32	0.37	0.37	0.42	0.45	0.21	:	:	0.25	0.25	0.24
Health administration and health insurance	:	:	0.28	0.29	0.27	0.31	0.29	0.29	0.26	0.25	0.25	0.42	0.41	0.47
Composition of public current expenditure as % of GDP														
Inpatient curative and rehabilitative care	:	:	1.87	1.24	1.36	1.40	1.54	1.53	1.59	:	1.71	2.73	2.61	2.62
Day cases curative and rehabilitative care	:	:	0.00	0.00	0.00	0.00	0.00	0.00	0.00	:	:	0.16	0.16	0.18
Out-patient curative and rehabilitative care	:	:	0.77	1.12	1.24	1.32	1.53	1.34	1.36	:	1.42	1.74	1.71	1.80
Pharmaceuticals and other medical non-durables	:	:	1.65	1.59	1.50	1.58	1.70	1.65	1.52	0.83	0.78	0.79	1.07	0.96
Therapeutic appliances and other medical durables	:	:	0.14	0.16	0.16	0.17	0.20	0.19	0.20	:	:	0.13	0.12	0.13
Prevention and public health services		:	0.09	0.13	0.15	0.15	0.18	0.17	0.09	0.09	0.08	0.25	0.20	0.19
Health administration and health insurance	:		0.27	0.18	0.18	0.30	0.10	0.29	0.26		0.25	0.11	0.27	0.27
roam dammonation and ricalit modulities			0.21	0.20	0.20	0.50	0.23	0.23	0.20	•	0.20	0.11	0.21	0.21

Table 1.24.2: Statistical Annex - continued - Slovakia

												EU	- latest national	data
Composition of total as % of total current health expenditure	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
Inpatient curative and rehabilitative care	:	:	28.0%	21.4%	22.5%	21.8%	21.0%	21.3%	22.0%	:	23.8%	31.8%	31.3%	31.1%
Day cases curative and rehabilitative care	:	:	0.0%	:	0.0%	0.0%	0.0%	0.0%	0.0%	:	:	1.8%	1.9%	1.9%
Out-patient curative and rehabilitative care	:	:	17.8%	23.1%	23.3%	24.2%	25.0%	23.6%	23.9%	:	24.9%	23.3%	23.5%	23.2%
Pharmaceuticals and other medical non-durables	:	:	33.2%	31.2%	29.4%	29.1%	28.2%	28.1%	28.7%	:	:	16.3%	16.2%	14.9%
Therapeutic appliances and other medical durables	:	:	8.0%	8.0%	8.3%	7.9%	8.7%	8.8%	9.2%	:	:	3.2%	3.3%	3.3%
Prevention and public health services	:	:	2.4%	4.6%	5.0%	4.8%	4.9%	5.3%	2.8%	:	:	2.6%	2.6%	2.5%
Health administration and health insurance	:	:	4.1%	4.1%	3.7%	4.1%	3.4%	3.4%	3.4%	3.3%	3.3%	4.2%	4.3%	4.9%
Composition of public as % of public current health expenditure														
Inpatient curative and rehabilitative care	:	:	36.8%	25.3%	26.6%	26.0%	25.8%	26.6%	28.4%	:	30.4%	34.6%	34.1%	34.0%
Day cases curative and rehabilitative care	:	:	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	:	:	2.0%	2.1%	2.3%
Out-patient curative and rehabilitative care	:	:	15.2%	22.8%	24.3%	24.5%	25.7%	23.3%	24.3%	:	25.3%	22.0%	22.3%	23.4%
Pharmaceuticals and other medical non-durables	:	:	32.5%	32.4%	29.4%	29.4%	28.5%	28.7%	27.1%	14.9%	13.8%	10.0%	13.9%	12.5%
Therapeutic appliances and other medical durables	:	:	2.8%	3.3%	3.1%	3.2%	3.4%	3.3%	3.6%	:	:	1.6%	1.6%	1.6%
Prevention and public health services	:	:	1.8%	2.6%	2.9%	2.8%	3.0%	3.0%	1.6%	1.5%	1.5%	3.2%	2.7%	2.5%
Health administration and health insurance	:	:	5.4%	5.7%	5.4%	5.6%	4.9%	5.0%	4.7%	:	4.5%	1.4%	3.5%	3.5%
												EU	- latest national	data
Expenditure drivers (technology, life style)	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
MPL units per 100 000 inhabitants	0.20	0.27	0.42	0.45	0.57	0.04	0.64	0.00	0.70	0.00	0.67	4.0	- 44	1.0

												EU	 latest national of 	lata
Expenditure drivers (technology, life style)	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
MRI units per 100 000 inhabitants	0.20	0.37	0.43	0.45	0.57	0.61	0.61	0.68	0.70	0.63	0.67	1.0	1.1	1.0
Angiography units per 100 000 inhabitants	0.7	0.8	8.0	0.7	0.8	8.0	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.8
CTS per 100 000 inhabitants	0.9	1.0	1.1	1.2	1.4	1.4	1.3	1.4	1.5	1.6	1.5	1.8	1.7	1.6
PET scanners per 100 000 inhabitants	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Proportion of the population that is obese	15.4	16.5	17.6	:	16.7	16.9	15.1	:	:	:	:	14.9	15.4	15.5
Proportion of the population that is a regular smoker	22.1	:	:	:	:	19.3	19.5	:	:	:	:	23.2	22.4	22.0
Alcohol consumption litres per capita	9.9	10.0	11.1	10.9	11.1	11.9	11.2	11.0	10.7	10.8	10.6	10.3	10.0	9.8

Providers	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
Practising physicians per 100 000 inhabitants	315	315	:	:	300	:	- :	:	-:-	:	:	329	335	344
Practising nurses per 100 000 inhabitants	680	664	632	633	662	658	637	640	628	580	580	840	812	837
General practitioners per 100 000 inhabitants	:	:	:	:	42	:	:	:	:	:	:	:	78	78.3
Acute hospital beds per 100 000 inhabitants	509	484	501	488	492	487	480	475	449	437	424	373	360	356

Outputs	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2009	2011	2013
Doctors consultations per capita	12.4	11.9	11.3	10.4	11.2	12.1	11.6	11.6	11.0	11.2	11.0	6.3	6.2	6.2
Hospital inpatient discharges per 100 inhabitants	19.0	17.9	17.8	18.0	16.9	18.2	18.0	18.0	17.7	:	:	16.6	16.4	16.5
Day cases discharges per 100 000 inhabitants	:	:	:	:	:	:	:	:	:	:	:	6368	6530	7031
Acute care bed occupancy rates	65.0	68.0	67.0	68.0	68.0	67.5	67.3	66.5	65.5	67.3	67.4	72.0	73.1	70.2
Hospital curative average length of stay	7.4	7.3	7.3	7.2	7.0	6.9	6.7	6.6	6.3	6.2	6.2	6.5	6.3	6.3
Day cases as % of all hospital discharges	:	:	:	:	:	:	:	:	:	:	:	27.8	28.7	30.4

Population and Expenditure projections

Projected public expenditure on healthcare as % of GDP*	2013	2020	2030	2040	2050	2060	Change 2013 - 2060	EU Change 2013 - 2060
AWG reference scenario	5.7	6.1	6.7	7.1	7.5	7.7	2.0	0.9
AWG risk scenario	5.7	6.4	7.5	8.2	8.8	9.0	3.3	1.6
Note: *Excluding expenditure on medical long-term care component.								

Population projections	2013	2020	2030	2040	2050	2060	Change 2013 - 2060, in %	EU - Change 2013 - 2060, in %
Population projections until 2060 (millions)	5.4	5.4	5.3	5.1	4.9	4.6	-15.8	3.1

Sources: EUROSTAT, OECD and WHO

Slovakia

Long-term care systems

2.24. SLOVAKIA

General context: Expenditure, fiscal sustainability and demographic trends

GDP per capita in PPS is at 19.6 and below EU average of 27.9 in 2013. Slovakia currently has a population of 5.4 million inhabitants and is projected to reach 4.6 million in 2060, a decrease of 16%.

Health status

Life expectancy at birth for both women and men is respectively 80.1 years and 72.9 years in 2013 and is below the EU averages (83.3 and 77.8 years respectively). Healthy life years at birth are with 54.3 years (women) and 54.5 years (men) far the EU-averages (61.5 and respectively). The percentage of the Slovak population having a long-standing illness or health problem is slightly lower than in the Union (30.7% in Slovakia versus 32.5% in the EU). The percentage of the population indicating a selfperceived severe limitation in its daily activities stands at 9.6%, which is higher than the EUaverage (8.7%).

Dependency trends

Dependency is expected to increase in Slovakia. The number of people in dependency is forecasted to increase from 0.52 million in 2013 to 0.85 million in 2060, a 63% change, higher than the increase in the EU (40%). Additionally, the proportion of the population being dependent in terms of severe limitations in daily activities is projected to increase from 9.6 to 18.6%, giving a 93% increase, compared to the more modest EU trend of 36%.

Expenditure projections and fiscal sustainability

When it comes to public expenditure on long-term care as a percentage of GDP, rising trends are expected. (434) In the AWG reference scenario, encapsulating health-status and demographic cost drivers, Slovakia's public expenditure is expected to increase from 0.2 to 0.6 pps of GDP until 2060. The "AWG risk scenario", which in comparison to the "AWG reference scenario" captures the impact of additional cost drivers to demography and

health status, i.e. the possible effect of a cost and coverage convergence, projects an increase in spending up to 4.7 pps of GDP by 2060. Over the long run, sustainability risks appear for the Slovak Republic. These risks derive primarily from the projected impact of age-related public spending (notably healthcare and pensions), compounded by the unfavourable initial budgetary position. (435)

System Characteristics

LTC in is legislated by separate pieces of legislation. LTC is in the competence of the Ministry of Health in cooperation with the Ministry of Labour, Social Affairs and Family. The Ministry of Labour, Social Affairs and Family is specifically in charge of: 1) Compensations of social consequences of a severe disability mainly in the field of self-service including necessary tools, providing monetary contribution for caretaking and monetary contribution for personal assistance; 2) Providing or ensuring social services in home background, mainly home nursing services. In institutionalised background providing social services in a social service facility, in an outpatient or hospitalised form, weekly or yearly. Developing an integrated legal framework for LTC remains one of the key policy challenges.

All available evidence points to a poor coordination between health and social long-term care, but lack of coordination is perceptible also between state administration and regional/local administration. There is an acute demand for measures integrating health and social care into one institution.

Public spending on LTC reached 0.2% of GDP in 2013 far below EU average of 1.1% of GDP. The low level of funding implies that a considerable part of current LTC needs are not covered by public means. Thus, informal care provided by family members or close non-relatives plays a decisive role in Slovakia. (436) Slovakia seems to

 $^(^{434})$ The 2015 Ageing Report: $http://europa.eu/epc/pdf/ageing_report_2015_en.pdf.$

⁽⁴³⁵⁾ Fiscal Sustainability Report 2015: http://ec.europa.eu/economy_finance/publications/eeip/pdf/ip018_en.pdf.

^(*36) There are LTC expenditures that are not included in this number, in particular a large share of the in-kind benefits of the Ministry of Labour, Social Affairs and Family or the municipalities. These are not classified as expenditures on LTC in the SHA, though they should be considered LTC expenditure according to the definition bellow (page 1&2).

have an average usage of cash benefits compared to the EU. In fact, 23% of public LTC spending is done via cash benefits (EU: 20%).

In the EU, 53% of dependents are receiving formal in-kind LTC services or cash-benefits for LTC. This share is with 53.6% the same in Slovakia. It means that 1 out of 2 individuals aged 15 or more and declaring themselves as severely dependent, would receive some kind of formal care (at home or in institution, in kind or in cash). Overall, 5.2% of the population (aged 15+) receive formal LTC in-kind and/or cash benefits, which is significantly below the EU average coverage (EU: 4%).

The expenditure for institutional (in-kind) services makes up 42.6% of public LTC expenditure (EU: 61%), 57.4% being spent for LTC services provided at home (EU: 39%). Thus, within its relatively low spending envelope, relative to other Member States Slovakia has a focus on home care.

Types of care, eligibility criteria and user choices: dependency, care needs, income

LTC in the area of health is provided in the form of geriatric care in outpatient departments, specialised hospital departments, day care centres, home nursing agencies, hospices and other facilities. Day care centres and nursing homes are financed from public health insurance resources – these belong to scope of the Ministry of Labour, Social Affairs and Family and are financed by municipalities, payments from clients and subsidies of the Ministry of Labour, Social Affairs and Family.

Social LTC benefits are provided in the form of benefits in kind and cash benefits. Social services are financed by local and regional self-governments, state subsidies, and payments by care recipients. Cash benefits are financed by the State and provided through a network of local offices of labour, social affairs and family.

However, there is no stable concept of LTC in Slovakia and therefore it is difficult to define which of these expenditures should be included and also to quantify the impact using a national methodology. For example, there are homes of social services that provide other kind of services apart from the long-term care but this is not distinguished in the statistics.

Legislation defines the minimum duration of a functional disease and the minimum degree of dependence for the provision of the various benefits. The entitlement to cash benefits is means tested. The recipients' income and assets are taken into account in the eligibility of public benefits. Co-payments apply for recipients of benefits in kind usually up to the level of "economically justified" costs. The entitlement to and level of cash benefits are subject to a person's income and assets not exceeding a certain ceiling. Higher income thresholds are applied to benefits for children needing care. Benefits in kind (social service) are also subject to a means test, but under a different procedure. The income shall be considered as the total income excluding one-off state social benefits, child benefit, tax bonuses, scholarships etc. Assets are not counted e.g.: property used for permanent housing, land for own use, or car used by severely disabled persons. The cash benefit is reduced as income increases and when income is over 5-times the subsistence minimum, the cash benefit is withhold.

Payment for social services to the level of economically justified costs only relates to providing of social services and not compensations. In all-year residential facilities of social services, the law regulates protection of income to the level of 25% of living wage. In case of home nursing service, there is a guaranteed balance of income in the height of 1.4 multiple of living wage.

Prevention and rehabilitation measures

The system of social services encompasses facilities and activities focused on social prevention and rehabilitation and support to independent living (e.g. rehabilitation centres, daily care stations, specialised activities such as ergotherapy, access to ICT and cultural events, social counselling). Compensatory cash benefits enable disabled persons to adjust their housing or improve mobility to reduce dependence on other person's assistance. However, preventive and rehabilitative activities comprise only a minor part of social LTC.

Formal/informal caregiving

There are four major classes of LTC carers:

- (1) Informal carers nearly 60,000; they receive cash benefits for care, whereas only about 2% are working at the same time. During the caregiving period, the health and pension insurance is being paid by the state and they are entitled to use public supportive services, which are currently used marginally. Families are mostly reluctant to use professional LTC services if they are able to provide care "on their own".
- (2) Home nursing done by approx. 6,300 employees of municipalities or private providers. The extent of the service depends on the client's needs that are assessed by a medical expert. Home nursing is funded from health insurance.
- (3) Personnel within residential care circa 18,000 employees in permanent residential care in different types of social services for adults and seniors; short-term services (care (437) on a daily or weekly basis) are used only occasionally.

Additionally:

(4) Volunteers – only registered at non-public residential providers, in 2008-2010 they represented nearly 30% of workers working for private providers of LTC.

Recently legislated and/or planned policy reforms

The crucial role of informal (family) care in the Slovak LTC system is generally acknowledged. However, policy reforms in the past years were targeted almost exclusively on the formal sector of LTC, and improvement of informal care is still outstanding. The Ministry of Health plans to cover additional nursing services (treatment of bedsores, positioning the patient, application of drugs, nursing rehabilitation, etc.) concerning LTC in social residential facilities in the form of reimbursement from health insurance. This change will come into force next year.

The Institute of Health Policy of the Ministry of Health currently co-operates with the Ministry of Labour, Social Affairs and Family to prepare a strategy for LTC. The strategy aims to create the optimal integrated model of LTC care. The National Programme for Active Ageing 2014-2020, which was approved by a government resolution in 2013, gives the possibility to eventually introduce insurance for LTC by 2020 by the Ministry of Labour, Social Affairs and Family in cooperation with the Ministry of Finance. The strategy of de-institutionalisation of social services and strengthening of care, approved by a government resolution end-2011, foresees a transition from institutional systemic community-based care. (438) It includes limits on capacity of institutions and restrictions on the yearround provision of care in certain types of facilities (e.g. homes of social services shall provide only care on a daily or weekly basis). In addition, new types of services aim to support independent living of persons with disabilities and strengthen social prevention and early intervention.

Challenges

The main challenges of the system appear to be:

Improving the governance framework: To establish a coherent and integrated legal and governance framework for a clear delineation of responsibilities of state authorities with respect to the provision of long-term care services; To set the public and private financing mix and organise formal workforce supply to face the growing number of dependents, and provide a strategy to deliver high-performing long-term care services to face the growing demand for LTC services; To strategically integrate medical and social services via such a legal framework; To define a comprehensive approach covering both policies for informal (family and friends) carers, and policies on the formal provision of LTC services and its financing; To establish

⁽⁴³⁷⁾ Providing LTC is not yet based on a comprehensive legislative framework (see planned policy reforms), such that the types of care are not precisely defined. This issue falls within the competence of the Ministry of Health.

^{(&}lt;sup>438</sup>) Piloting de-institutionalisation is the main goal of a project called "Supporting the process of de-institutionalisation and transformation of the social services system –NP DI". The Ministry of Labour ran the project from 2013 to 2015. The project was successfully finished and will be followed by two other projects cofounded by the EU structural funds.

good information platforms for LTC users and providers;

- Improving financing arrangements: To face the increased LTC costs in the future e.g. by tax-broadening, which means financing beyond revenues earned by the working-age population; To foster pre-funding elements, which implies setting aside some funds to pay for future obligations; To explore the potential of private LTC insurance as a supplementary financing tool.
- **Encouraging** home care: To develop alternatives to institutional care by e.g. developing new legislative frameworks encouraging home care and regulation controlling admissions to institutional care or the establishment of additional payments, cash benefits or financial incentives to encourage home care; to monitor and evaluate alternative services, including incentives for use of alternative settings.
- Ensuring availability of formal carers: To determine current and future needs for qualified human resources and facilities for long-term care.
- Supporting family carers: To establish policies for supporting informal carers, such as through flexible working conditions, respite care, carer's allowances replacing lost wages or covering expenses incurred due to caring, cash benefits paid to the care recipients, while ensuring that incentives for employment of carers are not diminished and women are not encouraged to withdraw from the labour market for caring reasons.
- Facilitating appropriate utilisation across health and long-term care: To arrange for adequate supply of services and support outside hospitals, changing payment systems and financial incentives to discourage acute care use for LTC; To steer LTC users towards appropriate settings.
- Improving value for money: To invest in ICT as an important source of information, care management and coordination.

 Prevention: To promote healthy ageing and preventing physical and mental deterioration of people with chronic care; To employ prevention and health-promotion policies and identify risk groups and detect morbidity patterns earlier.

Table 2.24.1: Statistical Annex - Slovakia

CE	NIED	ΛI	CON	TFXT

GDP and Population	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	EU 2009	EU 2010	EU 2011	EU 2012	EU 201
GDP, in billion euro, current prices	30	35	39	45	56	66	64	67	70	72	74	9,289	9,545	9,800	9,835	9,934
GDP per capita, PPS	13.5	13.7	14.7	15.8	17.7	18.4	17.4	18.6	18.7	19.2	19.6	26.8	27.6	28.0	28.1	27.9
Population, in millions	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	502	503	504	506	507
Public expenditure on long-term care																
As % of GDP	:	:	0.0	0.2	0.0	0.2	0.2	0.2	0.2	:	:	1.0	1.0	1.0	1.0	:
Per capita PPS	:	:	4.9	32.2	4.8	35.4	38.9	40.9	42.3	:	:	297.1	316.7	328.5	317.8	:
As % of total government expenditure	:	:	0.1	0.6	0.1	0.5	0.6	0.6	0.6	:	:	2.1	2.2	2.2	2.1	:
Note: Based on OECD, Eurostat - System of Health Accounts	•															
Health status																
Life expectancy at birth for females	77.7	78.0	78.1	78.4	78.4	79.0	79.1	79.3	79.8	79.9	80.1	82.6	82.8	83.1	83.1	83.3
Life expectancy at birth for males	69.8	70.3	70.2	70.4	70.6	70.9	71.4	71.8	72.3	72.5	72.9	76.6	76.9	77.3	77.4	77.8
Healthy life years at birth for females	:	:	56.6	54.6	56.1	52.5	52.6	52.0	52.3	53.1	54.3	:	62.6	62.1	62.1	61.5
Healthy life years at birth for males	:	:	55.2	54.5	55.6	52.1	52.4	52.4	52.1	53.4	54.5	:	61.8	61.7	61.5	61.4
People having a long-standing illness or health problem, in % of pop.	:	:	26.8	27.5	27.3	29.6	29.5	30.7	31.6	29.8	30.7	:	31.4	31.8	31.5	32.5
People having self-perceived severe limitations in daily activities (% of pop.)	:	:	10.2	11.1	10.4	11.2	10.8	10.4	10.2	10.0	9.6	:	8.1	8.3	8.6	8.7
SYSTEM CHARACTERISTICS																
Coverage (Based on data from Ageing Reports)	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	EU 2009	EU 2010	EU 2011	EU 2012	EU 20
Number of people receiving care in an institution, in thousands	:	:	:	:	:	10	20	30	31	31	45	3,433	3,771	3,851	3,931	4,18
Number of people receiving care at home, in thousands	:	:	:	:	28	34	41	47	48	49	62	6,442	7,296	7,444	7,569	6,70
% of pop. receiving formal LTC in-kind		:			0.5	0.8	1.1	1.4	1.5	1.5	2.0	2.0	2.2	2.2	2.3	2.1

Source: EUROSTAT, OECD and WHO

Number of informal carers, in thousands

Number of formal carers, in thousands

Note: Break in series in 2010 and 2013 due to methodological changes in estimating number of care recipients

Table 2.24.2: Statistical Annex - continued - Slovakia

PROJECTIONS

Population	2013	2020	2030	2040	2050	2060	MS Change 2013-2060	EU Change 2013-2060
Population projection in millions	5.4	5.4	5.3	5.1	4.9	4.6	-16%	3%
Dependency	•							
Number of dependents in millions	0.52	0.58	0.67	0.76	0.81	0.85	63%	40%
Share of dependents, in %	9.6	10.6	12.7	14.9	16.6	18.6	93%	36%
Projected public expenditure on LTC as % of GDP								
AWG reference scenario	0.2	0.3	0.4	0.5	0.6	0.6	181%	40%
AWG risk scenario	0.2	0.4	0.8	1.4	2.6	4.7	1913%	149%
Coverage								
Number of people receiving care in an institution	45,275	49,618	58,140	69,580	76,798	83,881	85%	79%
Number of people receiving care at home	61,665	67,933	82,006	100,808	113,445	127,410	107%	78%
Number of people receiving cash benefits	172,396	188,499	214,531	235,044	247,700	254,669	48%	68%
% of pop. receiving formal LTC in-kind and/or cash benefits	5.2	5.7	6.7	7.9	9.0	10.2	98%	68%
% of dependents receiving formal LTC in-kind and/or cash benefits	53.6	53.2	52.7	53.4	54.3	55.0	3%	23%
Composition of public expenditure and unit costs								
Public spending on formal LTC in-kind (% of tot. publ. spending LTC)	76.5	76.8	77.5	78.6	79.9	81.2	6%	1%
Public spending on LTC related cash benefits (% of tot. publ. spending LTC)	23.5	23.2	22.5	21.4	20.1	18.8	-20%	-5%
Public spending on institutional care (% of tot. publ. spending LTC)	42.6	42.2	40.7	39.0	37.9	36.5	-14%	1%
Public spending on home care (% of tot. publ. spending LTC in-kind)	57.4	57.8	59.3	61.0	62.1	63.5	11%	-1%
Unit costs of institutional care per recipient, as % of GDP per capita	9.0	11.4	11.1	10.5	10.6	10.5	16%	-2%
Unit costs of home care per recipient, as % of GDP per capita	8.9	11.4	11.5	11.3	11.7	12.0	34%	-3%
Unit costs of cash benefits per recipient, as % of GDP per capita	1.7	2.1	2.1	2.2	2.2	2.2	28%	-2%

Source: Based on the European Commission (DG ECFIN)-EPC (AWG), "The 2015 Ageing Report - Economic and budgetary projections for the 28 EU Member States (2013-2060)".